

CELEBRATE RECOVERY TESTIMONIES

"I have been in Celebrate Recovery for over 2 years now, but have been involved in a different 12 step based recovery program for over 27 years. I am fully acquainted with the power of the 12 steps as I have seen thousands of lives dramatically changed. What I have discovered at Celebrate Recovery is that the combination of Jesus Christ and the 12 steps releases tremendous power for healing all manner of hurts, habits and hang-ups. My anger and pride have plagued me throughout my recovery, but through working the Christ-centered 12 steps i have made more progress in the past 2 years than in the previous 25 years. I promise that anyone who makes an honest effort at working the Celebrate Recovery program will become a changed person." - Anonymous participant

"I've suffered from overeating and hurts from past relationships. Through Celebrate Recovery I've been able to really open up and trust people, and have many new relationships in my life. I have completed a step study and my life has changed dramatically as a result. I'm losing weight by eating better and exercising, and have a promising new career. I'm grateful to Jesus and to my friends in recovery." - Anonymous participant

"I'm a recovering Crystal Meth addict. I lived a very destructive life while in the throes of my addiction. Working the Christ-centered 12-steps has released me from that horrible addiction. I've also quit smoking and have found freedom in many other areas of my life as well. I'm so grateful to Jesus for saving my life and leading me to Celebrate Recovery." - Anonymous participant

"I struggled with fear of rejection and resentment , and have a tendency to want to isolate. I have completed a step study at Celebrate Recovery and as a result am more confident in sharing my thoughts with others, plus i realize the importance of being open and honest and maintaining an accountability with others. I've been able to let go of my resentment and reconcile with many family members. "

- Anonymous participant

CELEBRATE RECOVERY 12 STEPS

Step 1: We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable

Step 2: We came to believe that a power greater than ourselves could restore us to sanity.

Step 3: We made a decision to turn our wills and our lives over to the care of God.

Step 4: We made a searching and fearless moral inventory of ourselves.

Step 5: We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Step 6: We were entirely ready to have God remove all these defects of character.

Step 7: We humbly asked Him to remove all our shortcomings.

Step 8: We made a list of all persons we had harmed and became willing to make amends to them all.

Step 9: We made direct amends to such people whenever possible, except when to do so would injure them or others.

Step 10: We continued to take personal inventory and when we were wrong, promptly admitted it.

Step 11: We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and power to carry that out.

Step 12: Having had a spiritual experience as the result of these steps, we tried to carry this message to others and to practice these principles in all our affairs.



FINDING RECOVERY
FROM YOUR HURTS,
HABITS AND HANG-UPS

Celebrate Recovery®



WHAT IS CELEBRATE RECOVERY

Celebrate Recovery is a Faith-based recovery program. This program utilizes the well known 12 steps of recovery used by many groups, together with eight principles taken from Jesus' teaching in the beatitudes. Together they offer hope for anyone struggling with hurts, hang-ups, or destructive habits of any kind. In Celebrate Recovery we recognize God as our higher power and encourage attenders to consider a relationship with God in helping them work through life issues. This program can help you find freedom from lifelong struggles such as:

- Chemical addictions- Alcohol / Drugs
- Fear / anxiety / depression
- Food Compulsions
- Eating disorders
- Perfectionism
- Control issues
- Co – dependency
- Lying
- Rejection
- Insecurities
- Anger / rage
- Gambling
- Sexual integrity
- Hurtful relationships
- Guilt
- Grief
- Issues from growing up in a dysfunctional home

HOW DOES CELEBRATE RECOVERY WORK?

The heart of Celebrate Recovery is found in three different types of groups: the Large Group meeting and the open-share groups, which both take place on the same night, and the step study small groups which meet on a separate night. The road to recovery was never meant to be walked alone.

We open the door for healing by sharing our experiences and hopes with others of the same gender, and similar issues in a small group setting. In addition you will learn to apply healthy principles step by step in solving life problems one healing choice at a time. The only requirement to attending Celebrate Recovery is the desire to change.

WHEN AND WHERE WILL WE MEET?

Thursday nights

- 7:00 – 8:00pm - Large Group Meeting
- 8:00 – 9:00pm - Open-Share Small Groups
- 9:00 – 9:30pm – Solid Rock Café

AT: Northville Christian Assembly
41355 Six Mile Rd.
Northville, MI. 48168
Phone: 248-348-9030



THINGS WE ARE

Things we are

- A safe place to share
- Where confidentiality is highly regarded
- A refuge
- A place of belonging
- Where respect is given to each member
- A place to care for others and be cared for
- A place to learn
- A place to grow
- A place for healthy challenges and healthy risks
- A place where you can take off your mask
- A possible turning point in your life

THINGS WE ARE NOT

- A place for selfish control
- Therapy
- A place for secrets
- A place to rescue or be rescued by others
- A place to look for dating relationships
- A place for perfection
- A long-term commitment
- A place to judge others
- A quick fix